

Moderate Sedation Post-Op Instructions

During the Appointment:

1. You have been given Diazepam/Midazolam/ Triazolam/ Lorazepam/Hydroxyzine/ Meperidine/Clonidine/Fentanyl/Other: _____
- 2. Please go to the restroom if you didn't already, after we administer the medication and return to chair.**
3. As the meds kick in, you may become sleepy, dizzy, unsteady, uncoordinated, or irritable.
4. The drugs should take approximately 30-45 min to take effect—everyone is different though
5. Escort/Parent—please remain in the room with patient (and patient in chair) until we dismiss you.
6. No eating/drinking during this time period—if you are thirsty, let us know
7. The patient may cry, whine, or yell. This is normal reaction when sedation kicks in, especially the young & special needs patients.
- 8. Escorts must remain at the office throughout the sedation appointment. You may not leave the office for any reason. If you are “swapping out”, do not leave until other escort arrives**

AFTER THE SEDATION APPOINTMENT:

1. The dentist and/or staff will evaluate health status before being discharged. You will be drowsy but responsive and be able to respond appropriately. You may get sleepy at home though.
2. Once home, your escort must remain with you under adult supervision for the rest of the day. The sedation could last 6-8 hours (up to 24h) after leaving the dental office!
3. Please rest or sleep in a “propped” up position; preferably in a common area for observation
4. Restrict activities for the rest of the day—**NO DRIVING FOR 24 h and fully alert**
5. The numbness usually lasts 2-4 hours. Watch very closely to make sure they are not biting, scratching, or injuring the cheek, lips, or tongue.
6. Please wake patient at least every 2-3h and provide hydration until they are awake enough to begin drinking/eating on their own. If they tolerate the above, without problems, proceed to more substantial diet.
7. Please make sure patient is hydrated by observing bathroom visits. Urine that is yellow and concentrated indicates a need for more hydration, please hydrate with small amounts of water, given frequently. Smoothies, sports drinks, are encouraged too.

Please feel free to call or TEXT with any questions or concerns that you may have

225-261-1580